

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 01-04-2024

| Days                 | 9-10  | 10-11   | 11-12   | 12-01  | 01-02 | 02-03   | 03-04  |
|----------------------|---|---|---|--|-------|---|--|
| Mon<br>01-04-24      | <b>HOLIDAY</b><br>Martyrdom Day of Hazrat Ali (A.S.)  |   |   |  |       |   |  |
| Tues<br>02-04-24     | <b>EXERCISE THERAPY II (L)</b><br>Techniques, effects & uses of Hydrotherapy<br>Dr. Tahzeeb Fatima  | <b>MICROBIOLOGY II (P)</b><br>Stool Examination<br>Dr. Priyanka/Dr. Pragathy/Ms. Shikha/Ms. Aesha |   | <b>PHARMACOLOGY II (L)</b><br>Allergic Rhinitis<br>Dr. Babra   | LUNCH | LIBRARY/SDL   | <b>SKILL</b><br>Dr. Sumit Asthana  |
| Wed<br>03-04-24      | <b>EXERCISE THERAPY II (L)</b><br>Buffer class/test/presentation<br>Dr. Tahzeeb Fatima              | <b>PATHOLOGY II (L)</b><br>Hepatitis: Acute & Chronic, neonatal liver disease<br>Dr. Apoorva      | <b>ELECTROTHERAPY II (L)</b><br>Hydro collar Pack – Method of Application, Therapeutic Effect<br>Dr. Arif Rizvi | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Pely femoral rhythm<br>Dr. Shallabh Singh  | LUNCH | <b>SKILL</b><br>Goniometry – shoulder ROM<br>Dr. Chaahat  | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/Dr. Wahida Khan   |
| Thurs<br>04-04-24    | <b>MICROBIOLOGY II (L)</b><br>Hepatitis<br>Dr. Sana Siddique  | <b>PATHOLOGY II (L)</b><br>Cirrhosis: Post necrotic, Alcoholic<br>Dr. Apoorva                     | <b>PHARMACOLOGY II (L)</b><br>Drugs for Bronchial Asthma<br>Dr. Babra   | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Hip Jt. Musculature<br>Dr. Shallabh Singh  | LUNCH | <b>EXERCISE THERAPY II (P)</b><br>Bal. & coordination<br>Dr. Tahzeeb Fatima                                   | <b>ELECTROTHERAPY II (L)</b><br>Hydro collar Pack – Indication, Contraindication, Precaution & Dangerous<br>Dr. Arif Rizvi |
| Friday<br>05-04-24   | <b>SKILL</b><br>Goniometry – elbow ROM<br>Dr. Chaahat   | <b>MICROBIOLOGY II (L)</b><br>Oncogenic Virus<br>Dr. Kulsum                                       | <b>EXERCISE THERAPY II (P)</b><br>Equilibrium & non-equilibrium test<br>Dr. Tahzeeb Fatima                      | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Use of cane ipsilaterally & contra laterally<br>Dr. Shallabh Singh | LUNCH | <b>ELECTROTHERAPY II (P)</b><br>Demo. of Method of Application of Electrotherapy Equipments<br>Dr. Arif Rizvi |  |
| Saturday<br>06-04-24 | <b>PATHOLOGY II (P)</b><br>Study of various anticoagulants & their mode of actions<br>Ms. Ima Almas |   | <b>ELECTIVES</b>  |  | LUNCH |   |  |

Copy to:

1. Mrs. Shaheen (V.C. office), Era university
2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
3. O.S.D. – Dean Office



Dr. Sumit Asthana

Assistant Dean & HOD

Faculty of Allied Health Sciences & R  
Era University



Prof. S. Riaz Mehd

Dean

Faculty of Allied Health Sciences & R  
Era University

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH  
DEPARTMENT OF PHYSIOTHERAPY

Ref.No.EIAM/Sc&R/EU/24/1648

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 01-07-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10   | 10-11  | 11-12   | 12-01   | 01-02 | 02-03   | 03-04   |
|----------------------|--|--|---|---|-------|---|---|
| Mon<br>01-07-24      | EXERCISE THERAPY II (L)<br>In sitting & kneeling position<br>Dr. Tahzeeb Fatima        | MICROBIOLOGY II (L)<br>Hepatitis<br>Dr. Sarvodaya        | ELECTROTHERAPY II (L)<br>Short Wave Diathermy – Intro,<br>Principle, Method of<br>Application<br>Dr. Arif Rizvi | BIOMECHANICS &<br>ERGONOMICS (L)<br>Kinematics of Ankle Jt.<br>Dr. Shallabh Singh | LUNCH | SKILL<br>Stretching-Neck Muscles<br>Dr. Zia Abbas Naqvi   | PRACTICE<br>MMT-I<br>Dr. Wahida Khan                |
| Tues<br>02-07-24     | EXERCISE THERAPY II (L)<br>In standing & parallel bar<br>walking<br>Dr. Tahzeeb Fatima | MICROBIOLOGY II (P)<br>Staining<br>Dr. Shadma/Dr. Rashmi |   | PHARMACOLOGY II (L)<br>Assignment -<br>Glucocorticoids<br>Dr. Babra               | LUNCH | ELECTIVE-YOGA<br>Ms. Anjali Mishra<br>Venue – Physiology dept. 1 <sup>st</sup><br>floor, College building | EXERCISE THERAPY SKILL<br>MMT-II<br>Dr. Wahida Khan |
| Wed<br>03-07-24      | <b>BPT NEW BATCH INTERVIEW</b>   |  |   |   |       |   |   |
| Thurs<br>04-07-24    |  |  |   |   |       |   |   |
| Friday<br>05-07-24   | <b>HANDS ON WORKSHOP</b>   |  |   |   |       |   |   |
| Saturday<br>06-07-24 |  |  |   |   |       |   |   |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES &amp; RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM (REMEDIAL CLASSES)

W.E.F – 03-06-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10                                      | 10-11  | 11-12                                      | 12-01                                       | 01-02 | 02-03                                      |
|----------------------|---|--|--|---|-------|--|
| Mon<br>03-06-24      | EXERCISE THERAPY II (L)<br>Dr. Hema Singh | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | PHARMACOLOGY II (L)<br>Dr. Badri Vishal    | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | MICROBIOLOGY-II (L)<br>Dr. Chaahat Jaiswal |
| Tues<br>04-06-24     | PATHOLOGY II (L)<br>Dr. Hema Singh        | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | PHARMACOLOGY II (L)<br>Dr. Zia Abbas Naqvi | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | MICROBIOLOGY II (L)<br>Dr. Badri Vishal    |
| Wed<br>05-06-24      | EXERCISE THERAPY II (L)<br>Dr. Hema Singh | PATHOLOGY II (L)<br>Dr. Shallabh Singh                 | PHARMACOLOGY II (L)<br>Dr. Badri Vishal    | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | MICROBIOLOGY II (L)<br>Dr. Chaahat Jaiswal |
| Thurs<br>06-06-24    | EXERCISE THERAPY II (L)<br>Dr. Hema Singh | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | PATHOLOGY II (L)<br>Dr. Zia Abbas Naqvi    | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | MICROBIOLOGY II (L)<br>Dr. Badri Vishal    |
| Friday<br>07-06-24   | EXERCISE THERAPY II (L)<br>Dr. Hema Singh | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | PHARMACOLOGY II (L)<br>Dr. Zia Abbas Naqvi | PATHOLOGY II (L)<br>Dr. Shabeeh Fatima      | LUNCH | MICROBIOLOGY II (L)<br>Dr. Badri Vishal    |
| Saturday<br>08-06-24 | EXERCISE THERAPY II (L)<br>Dr. Hema Singh | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | PHARMACOLOGY II (L)<br>Dr. Zia Abbas Naqvi | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH |  |

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 08-04-2024

| Days                 | 9-10  | 10-11   | 11-12   | 12-01  | 01-02 | 02-03  | 03-04  |
|----------------------|---|---|---|--|-------|--|--|
| Mon<br>08-04-24      | <b>EXERCISE THERAPY II (L)</b><br>Intro. & physiology of bal.<br>Dr. Tahzeeb Fatima   | <b>MICROBIOLOGY II (L)</b><br>Test<br>Dr. Priyanka Shukla   | <b>ELECTROTHERAPY II (L)</b><br>Fludotherapy<br>Dr. Arif Rizvi                | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Muscle function in stance<br>Dr. Shallabh Singh                                  | LUNCH | <b>SKILL</b><br>Goniometry - elbow ROM<br>Mr. Shrafat Ali Malik  | <b>SKILL</b><br>Dr. Poonam Pachauria   |
| Tues<br>09-04-24     | <b>EXERCISE THERAPY II (L)</b><br>Sensory system & bal. control<br>Dr. Tahzeeb Fatima | <b>MICROBIOLOGY II (P)</b><br>Skill: Hand Washing<br>Ms. Fiza/Dr. Sana/Ms. Iram/Ms. Srishti             |   | <b>PHARMACOLOGY II (L)</b><br>Drugs for Diarrhea<br>Dr. Medha Mishra   | LUNCH | LIBRARY/SDL  | <b>SKILL</b><br>Dr. Sumit Asthana  |
| Wed<br>10-04-24      | <b>HOLIDAY (Eid-Ul-Fitr*)</b>   |   |   |  |       |  |  |
| Thurs<br>11-04-24    | <b>MICROBIOLOGY II (L)</b><br>General Mycology<br>Dr. Priyanka Shukla                 | <b>PATHOLOGY II (L)</b><br>Disease of the gall bladder:<br>Cholecystitis & Cholelithiasis<br>Dr. Afreen | <b>PHARMACOLOGY II (L)</b><br>Drugs for Diabetes mellitus<br>Dr. Medha Mishra | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Hip Jt. Pathologies & bony abnormalities of the femur<br>Dr. Shallabh Singh      | LUNCH | <b>EXERCISE THERAPY II (P)</b><br>Equilibrium & non-aquarium test<br>Dr. Tahzeeb Fatima                        | <b>ELECTROTHERAPY II (L)</b><br>Fludotherapy - Physiological Effect<br>Indication, Contra.<br>Dr. Arif Rizvi |
| Friday<br>12-04-24   | <b>SKILL</b><br>Goniometry -wrist ROM<br>Dr. Chaahat                                  | <b>MICROBIOLOGY II (L)</b><br>Superficial Mycoses<br>Dr. Priyanka Shukla                                | <b>EXERCISE THERAPY II (P)</b><br>Frenkel's exercise<br>Dr. Tahzeeb Fatima    | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Compensatory lateral lean of the trunk<br>Dr. Shallabh Singh | LUNCH | <b>ELECTROTHERAPY II (P)</b><br>Demo. of Method of Application of Electrotherapy Equipment's<br>Dr. Arif Rizvi |  |
| Saturday<br>13-04-24 | <b>PATHOLOGY II (P)</b><br>Preparation of blood smear<br>Mr. Ima Almas                |   | ELECTIVES   |  | LUNCH |  |  |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH  
DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 08-07-2024

| Days                 | 9-10   | 10-11  | 11-12  | 12-01   | 01-02 | 02-03   | 03-04   |
|----------------------|--|--|--|---|-------|---|---|
| Mon<br>08-07-24      | EXERCISE THERAPY II (L)<br>Peripheral Jt. mobilization<br>Dr. Tahzeeb Fatima             | MICROBIOLOGY II (L)<br>Dengue<br>Ms. Neetu   | ELECTROTHERAPY II (L)<br>HFC - Short Wave Diathermy<br>Dr. Arif Rizvi                            | BIOMECHANICS &<br>ERGONOMICS (L)<br>Gait-introduction<br>Dr. Shallabh Singh     | LUNCH | SKILL<br>Techniques of stretching<br>Dr. Chaahat Jaiswal  | PRACTICE<br>Revision<br>Dr. Wahida Khan   |
| Tues<br>09-07-24     | EXERCISE THERAPY II (L)<br>Osteo Kinematics & Arthro<br>Kinematics<br>Dr. Tahzeeb Fatima | MICROBIOLOGY II (P)<br>Stool Examination<br>Dr. Fareya/Dr. Sara  |  | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida | LUNCH | ELECTIVE-YOGA<br>Ms. Anjali Mishra<br>Venue - Physiology dept. 1 <sup>st</sup><br>floor, College building | EXERCISE THERAPY SKILL<br>Revision<br>Dr. Wahida Khan   |
| Wed<br>10-07-24      | EXERCISE THERAPY II (L)<br>PNF - Neck & Trunk Patterns<br>Dr. Tahzeeb Fatima             | PATHOLOGY II (L)<br>Jaundice: Types, aetio-<br>pathogenesis & diag.<br>Hepatitis: Acute & Chronic,<br>neonatal liver disease<br>Dr. Sudarsana Gogoi  | ELECTROTHERAPY II (L)<br>HFC - Short Wave Diathermy -<br>Method of Application<br>Dr. Arif Rizvi | BIOMECHANICS &<br>ERGONOMICS (L)<br>Phases of gait<br>Dr. Shallabh Singh        | LUNCH | SKILL<br>revision<br>Dr. Zia Abbas Naqvi  | PRACTICE<br>Revision<br>Dr. Wahida Khan<br>Venue: Physio OPD, 5 <sup>th</sup> floor,<br>hospital building |
| Thurs<br>11-07-24    | MICROBIOLOGY II (L)<br>Malaria<br>Dr. Kulsum   | PATHOLOGY II (L)<br>Cirrhosis: Post necrotic,<br>Alcoholic, Metabolic &<br>Portal hypertension, liver<br>abscesses, Disease of the<br>gall bladder: Cholecystitis &<br>Cholelithiasis<br>Dr. Sudarsana Gogoi | BIOMECHANICS &<br>ERGONOMICS (L)<br>Determinants of gait<br>Dr. Shallabh Singh                   | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida | LUNCH | EXERCISE THERAPY II (P)<br>PNF -Upper Extremity<br>Patterns<br>Dr. Tahzeeb Fatima                         | ELECTROTHERAPY II (L)<br>Physiological effects of HFC<br>(SWD)<br>Dr. Arif Rizvi                          |
| Friday<br>12-07-24   | EXERCISE THERAPY SKILL<br>Stretching for upper limb<br>Dr. Chaahat Jaiswal               | MICROBIOLOGY II (L)<br>Candida<br>Mr. Pushpendra   | EXERCISE THERAPY II (P)<br>PNF -Lower Extremity Patterns<br>Dr. Tahzeeb Fatima                   | LIBRARY   | LUNCH | ELECTROTHERAPY II (P)<br>Demo. of SWD exposure<br>Dr. Arif Rizvi  |   |
| Saturday<br>13-07-24 | PATHOLOGY II (P)<br>HB Estimation (Draping Method)<br>Ms. Ilma Khan                      |  | ELECTIVES  |   | LUNCH |   |   |

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# ERA UNIVERSITY

Ref.No.EIAH/Sc&R/EU/24/1542

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH  
DEPARTMENT OF PHYSIOTHERAPY (Revised)

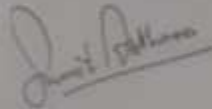
TIME TABLE – BPT 4<sup>th</sup> SEM  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 09-04-2024

| Days            | 9-10  | 10-11  | 11-12  | 12-01   | 01-02 | 02-03                              | 03-04  |
|-----------------|---|--|--|---|-------|------------------------------------|--|
| Wed<br>10-04-24 | EXERCISE THERAPY II (L)<br>Equilibrium & non equilibrium test<br>Dr. Tahzeeb Fatima | PATHOLOGY II (L)<br>Disease of the gall bladder -<br>Cholecystitis & Cholelithiasis<br>Dr. Apoorva | ELECTROTHERAPY II (L)<br>Fluidotherapy -<br>Physiological effect<br>Dr. Arif Rizvi | BIOMECHANICS &<br>ERGONOMICS (L)<br>Indication &<br>Contraindications<br>Dr. Shallabh Singh | LUNCH | SKILL<br>Dermatomes<br>Dr. Chaabat | OPD/CLINICAL EXPOSURE<br>Dr. Badri Vishal/Dr. Wahida<br>Khan |

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DEPARTMENT OF PHYSIOTHERAPY

Ref.No.EIAH/Sc&R/EU/24/1632

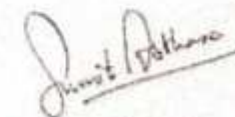
TIME TABLE – BPT 4<sup>th</sup> SEM (REMEDIAL CLASSES)  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 10-06-2024

| Days                 | 9-10  | 10-11   | 11-12                                      | 12-01                                       | 01-02 | 02-03                                      |
|----------------------|---|---|--|---|-------|--|
| Mon<br>10-06-24      | EXERCISE THERAPY II (L)<br>Dr. Hema Singh       | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Zia Abbas Naqvi | MICROBIOLOGY II (L)<br>Dr. Badri Vishal    | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | PHARMACOLOGY II (L)<br>Dr. Badri Vishal    |
| Tues<br>11-06-24     | PATHOLOGY II (L)<br>Dr. Tahzeeb Fatima          | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Anupama Dhuria  | MICROBIOLOGY II (L)<br>Dr. Zia Abbas Naqvi | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | PHARMACOLOGY II (L)<br>Dr. Chaahat Jaiswal |
| Wed<br>12-06-24      | EXERCISE THERAPY II (L)<br>Dr. Poonam Pachairia | PATHOLOGY II (L)<br>Dr. Anupama Dhuria                  | MICROBIOLOGY II (L)<br>Dr. Badri Vishal    | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | PHARMACOLOGY II (L)<br>Dr. Badri Vishal    |
| Thurs<br>13-06-24    | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima   | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Anupama Dhuria  | MICROBIOLOGY II (L)<br>Dr. Zia Abbas Naqvi | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | PATHOLOGY II (L)<br>Dr. Badri Vishal       |
| Friday<br>14-06-24   | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima   | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Tahzeeb Fatima  | MICROBIOLOGY II (L)<br>Dr. Zia Abbas Naqvi | PATHOLOGY II (L)<br>Dr. Shabeeh Fatima      | LUNCH | PHARMACOLOGY II (L)<br>Dr. Zia Abbas Naqvi |
| Saturday<br>15-06-24 | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima   | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Anupama Dhuria  | PHARMACOLOGY II (L)<br>Dr. Zia Abbas Naqvi | ELECTROTHERAPY II (L)<br>Dr. Shabeeh Fatima | LUNCH | .  |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES &amp; RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 11-03-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10   | 10-11   | 11-12   | 12-01   | 01-02 | 02-03  | 03-04  |
|----------------------|--|---|---|---|-------|--|--|
| Mon<br>11-03-24      | EXERCISE THERAPY (L)<br>Canes<br>Dr. Tahzeeb Fatima                      | MICROBIOLOGY (L)<br>Pox Virus<br>Dr. Neetu                                  | ELECTROTHERAPY (L)<br>PWB-Indication & Contraindications<br>Dr. Arif Rizvi        | BIOMECHANICS (L)<br>Lateral pelvic shift & tilt<br>Dr. Shallabh Singh                         | L     | SKILL<br>Active movements of shoulder Jt.<br>Mr. Shrafat Ali Malik               | SOFT SKILL<br>Mr. Kaunain Abidi  |
| Tues<br>12-03-24     | EXERCISE THERAPY (L)<br>Walkers & Frames<br>Dr. Tahzeeb Fatima           | MICROBIOLOGY (P)<br>Gram Staining<br>Dr. Sana/Dr. Rashmi/Ms. Ana/Mr. Ganesh |   | PHARMACOLOGY (L)<br>Drugs used Myasthenia Gravis<br>Dr. Afzal Noor                            | U     | LIBRARY  | SKILL/SDL/ASSIGNMENT<br>Dr. Sumit Asthana                                |
| Wed<br>13-03-24      | EXERCISE THERAPY (L)<br>Principles of Walking Aids<br>Dr. Tahzeeb Fatima | PATHOLOGY (L)<br>Vascular Diseases<br>Dr. Swati                             | ELECTROTHERAPY(L)<br>PWB-Danger & Precautions<br>Dr. Arif Rizvi                   | BIOMECHANICS (L)<br>Ant. & Post Pelvic Rotation<br>Dr. Shallabh Singh                         | N     | MICROBIOLOGY (L)<br>Measles<br>Dr. Shiva   | OPD/CLINICAL EXPOSURE<br>Dr. Badri Vishal/Dr. Wahida Khan                |
| Thurs<br>14-03-24    | SKILL<br>Active movements of elbow & wrist Jt.<br>Dr. Wahida Khan        | PATHOLOGY (L)<br>Ischemic Heart Disease<br>Dr. Swati                        | PHARMACOLOGY (L)<br>Drugs used in COPD<br>Dr. Medha Mishra                        | BIOMECHANICS (L)<br>Combined Motions of the femur pelvis & lumbar spine<br>Dr. Shallabh Singh | C     | EXERCISE THERAPY (P)<br>Gait training through crutches (I)<br>Dr. Tahzeeb Fatima | ELECTROTHERAPY(L)<br>Contrast bath-Intro. to Principle<br>Dr. Arif Rizvi |
| Friday<br>15-03-24   | SKILL<br>Active movements of Hip Jt.<br>Dr. Wahida Khan                  | MICROBIOLOGY (L)<br>Mumps & Rubella<br>Mr. Jalal Ahmad                      | EXERCISE THERAPY (P)<br>Gait training through crutches (II)<br>Dr. Tahzeeb Fatima | BIOMECHANICS (P)<br>Trabecular system<br>Dr. Shallabh Singh                                   | H     | ELECTROTHERAPY(P)<br>Demo. of PWB Application<br>Dr. Arif Rizvi                  |  |
| Saturday<br>16-03-24 | PATHOLOGY (P)<br>Staining of slide by Leishman method<br>Mr. Alexander   |   | ELECTIVES   |   | LUNCH |  |  |

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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM (Revised)

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 15-04-2024

Ref.No.EIAH/Sc&R/EU/24/1542

| Days                 | 9-10   | 10-11   | 11-12  | 12-01   | 01-02 | 02-03   | 03-04                           |
|----------------------|--|---|--|---|-------|---|---------------------------------|
| Mon<br>15-04-24      | EXERCISE THERAPY II (L)<br>Impaired balance<br>Dr. Tahzeeb Fatima      | MICROBIOLOGY II (L)<br>Subcutaneous Mycoses<br>Ms. Fiza                               | ELECTROTHERAPY II (L)<br>Intro. to IRR<br>Dr. Arif Rizvi | BIOMECHANICS & ERGONOMICS (L)<br>Gen. features of tibio femoral jt.<br>Dr. Shallabh Singh | LUNCH | SKILL<br>Goniometry –wrist ROM<br>Mr. Shrafat Ali Malik<br>Venue – Physio OPD 5 <sup>th</sup> floor, ELMC&H | SOFT SKILL<br>Mr. Kaunain Abidi |
| Tues<br>16-04-24     | EXERCISE THERAPY II (L)<br>Mgt. of impaired bal.<br>Dr. Tahzeeb Fatima | MICROBIOLOGY II (P)<br>Card tests Virology<br>Dr. Rashmi/Ms. Fiza/Ms. Valza/Ms. Anoor |  | PHARMACOLOGY II (L)<br>Drugs for elderly<br>Dr. Afzal Noor                                | LUNCH | LIBRARY   | SKILL<br>Dr. Sumit Asthana      |
| Wed<br>17-04-24      | HOLIDAY (Ram Navmi)  |   |  |   |       |   |                                 |
| Thurs<br>18-04-24    | <h1>INTERNAL EXAM</h1>   |   |  |   |       |   |                                 |
| Friday<br>19-04-24   |  |   |  |   |       |   |                                 |
| Saturday<br>20-04-24 |  |   |  |   |       |   |                                 |
|                      |  |   |  |   |       |   |                                 |

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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 15-07-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1670

| Days                 | 9-10  | 10-11   | 11-12   | 12-01   | 01-02 | 02-03   | 03-04   |
|----------------------|---|---|---|---|-------|---|---|
| Mon<br>15-07-24      | SKILL<br>revision<br>Dr. Hema Singh<br>Venue: Physio OPD, 5 <sup>th</sup> floor,<br>hospital building | MICROBIOLOGY II (L)<br>Ameblasis<br>Ms. Fiza  | LIBRARY   | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida | LUNCH | SKILL<br>Spondylitis, Spondylitis,<br>Spondylolysis,<br>Spondylolisthesis<br>Dr. Chaahat Jaiswal          | PRACTICE<br>Revision<br>Dr. Wahida Khan               |
| Tues<br>16-07-24     | SKILL<br>Revision<br>Dr. Hema Singh<br>Venue: Physio OPD, 5 <sup>th</sup> floor,<br>hospital building | MICROBIOLOGY II (P)<br>Card Tests Virology<br>Dr. Priyanka/Dr. Pragathy   |   | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida | LUNCH | ELECTIVE-YOGA<br>Ms. Anjali Mishra<br>Venue – Physiology dept. 1 <sup>st</sup><br>floor, College building | EXERCISE THERAPY SKILL<br>Revision<br>Dr. Wahida Khan |
| Wed<br>17-07-24      | <b>HOLIDAY – MUHARRAM (DAY OF ASHOORA)*</b>   |   |   |   |       |   |   |
| Thurs<br>18-07-24    | MICROBIOLOGY II (L)<br>Superficial Mycoses<br>Dr. Kulsum  | PATHOLOGY II (L)<br>Tumors Classification: Benign,<br>Malignant, Metastatic &<br>Synovial Sarcoma Arthritis,<br>Rheumatoid Osteoarthritis,<br>Gout<br>Dr. Sudarsana Gogol | BIOMECHANICS &<br>ERGONOMICS (L)<br>Kinetics of gait<br>Dr. Shallabh Singh            | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida | LUNCH | SKILL<br>Revision<br>Dr. Wahida Khan<br>Venue: Physio OPD, 5 <sup>th</sup> floor, hospital building       |   |
| Friday<br>19-07-24   | SKILL<br>Dr. Badri Vishal   | MICROBIOLOGY II (L)<br>Filaria<br>Ms. Neetu   | EXERCISE THERAPY II (P)<br>PNF – Upper Extremity<br>Patterns-II<br>Dr. Tahzeeb Fatima | BIOMECHANICS &<br>ERGONOMICS (L)<br>Kinematics of gait<br>Dr. Shallabh Singh    | LUNCH | SKILL<br>Revision<br>Dr. Shrafat Ali Malik<br>Venue: Physio OPD, 5 <sup>th</sup> floor, hospital building |   |
| Saturday<br>20-07-24 | PATHOLOGY II (P)<br>Leishman Staining<br>Mr. Alexander  | PATHOLOGY II (L)<br>Diabetes Mellitus: Pathogenesis<br>& Types<br>Dr. Ekta  | ELECTIVES   |   | LUNCH |   |   |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1639

W.E.F – 17-06-2024

| Days                 | 9-10   | 10-11  | 11-12   | 12-01  | 01-02 | 02-03  | 03-04   |
|----------------------|--|--|---|--|-------|--|---|
| Mon<br>17-06-24      | <b>HOLIDAY - Eid-Ul-Azha (Bakreed)</b>                                 |  |   |  |       |  |   |
| Tues<br>18-06-24     | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima                          | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | MICROBIOLOGY II (L)<br>Dr. Tahzeeb Fatima   | ELECTROTHERAPY II (L)<br>Dr. Poonam Pachauria                                    | LUNCH | PATHOLOGY II (L)<br>Dr. Poonam Pachauria                             | -   |
| Wed<br>19-06-24      | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima                          | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | MICROBIOLOGY II (L)<br>Dr. Poonam Pachauria   | PATHOLOGY II (L)<br>Dr. Tahzeeb Fatima   | LUNCH | ELECTROTHERAPY II<br>(L)<br>Dr. Zia Abbas Naqvi                      | -   |
| Thurs<br>20-06-24    | EXERCISE THERAPY II (L)<br>Dr. Tahzeeb Fatima                          | BIOMECHANICS &<br>ERGONOMICS (L)<br>Dr. Shallabh Singh | MICROBIOLOGY II (L)<br>Dr. Anupama Dhuria   | ELECTROTHERAPY II (L)<br>Dr. Tahzeeb Fatima                                      | LUNCH | PATHOLOGY II (L)<br>Dr. Chaahat Jaiswal                              | -   |
| Friday<br>21-06-24   | EXERCISE THERAPY SKILL<br>Upper Limb Stretching<br>Dr. Chaahat Jaiswal | MICROBIOLOGY II (L)<br>Oncogenic Virus<br>Dr. Kulsoom  | EXERCISE THERAPY II (P)<br>Functional reeducation<br>training<br>Dr. Tahzeeb Fatima | BIOMECHANICS &<br>ERGONOMICS (L)<br>Function of TC & ST jt<br>Dr. Shallabh Singh | LUNCH | ELECTROTHERAPY – II<br>(P)<br>Actino Therapy I<br>Dr. Tahzeeb Fatima | ELECTROTHERAPY – II<br>(P)<br>Actino Therapy II<br>Dr. Anupama Dhuria |
| Saturday<br>22-06-24 | PATHOLOGY II (P)<br>ABO & RH Blood group system<br>Mr. Alexander       |  | ELECTIVES   |  | LUNCH | -  | -   |

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DEPARTMENT OF PHYSIOTHERAPY

Ref.No.EIAH/Sc&R/EU/24/1523


TIME TABLE – BPT 4<sup>th</sup> SEM  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 18-03-2024


| Days                 | 9-10   | 10-11   | 11-12  | 12-01  | 01-02        | 02-03   | 03-04  |
|----------------------|--|---|--|--|--------------|---|--|
| Mon<br>18-03-24      | <b>EXERCISE THERAPY (L)</b><br>Wheel Chair<br>Dr. Tahzeeb Fatima                         | <b>MICROBIOLOGY (L)</b><br>Polio Virus<br>Dr. Priyanka Shukla                         | <b>ELECTROTHERAPY (L)</b><br>Contras bath-Therapeutic uses<br>indication & contraindication<br>Dr. Arif Rizvi                        | <b>SKILL/SDL/ASSIGNMENT</b><br>Dr. Poonam Pachauria                                | <b>L</b>     | <b>SKILL</b><br>Resisted exercises of<br>upper limb<br>Mr. Shrafat Ali Mallk            | <b>SOFT SKILL</b><br>Mr. Kaunain Abidi                               |
| Tues<br>19-03-24     | <b>EXERCISE THERAPY (L)</b><br>Assess & Evaluation of<br>Gait<br>Dr. Tahzeeb Fatima      | <b>MICROBIOLOGY (P)</b><br>Z N Staining<br>Dr. Shiva/Dr. Sana/Ms. Saumya/Mr. Abdullah |  | <b>PHARMACOLOGY (L)</b><br>Drugs used in Bronchial<br>Asthma<br>Dr. Vishakha Gupta | <b>U</b>     | <b>LIBRARY</b>  | <b>SKILL/SDL/ASSIGNMENT</b><br>Dr. Sumit Asthana                     |
| Wed<br>20-03-24      | <b>EXERCISE THERAPY (L)</b><br>Training with diff.<br>walking Aids<br>Dr. Tahzeeb Fatima | <b>PATHOLOGY (L)</b><br>Oral Pathology<br>Dr. Beenish Bano                            | <b>ELECTROTHERAPY(L)</b><br>Hydrocollator-Pack-Intro.<br>Method, Therapeutic uses<br>indication & contraindication<br>Dr. Arif Rizvi | <b>ASSIGNMENT</b>  | <b>N</b>     | <b>MICROBIOLOGY (L)</b><br>Influenza Virus<br>Ms. Fiza                                  | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/<br>Dr. Wahida Khan |
| Thurs<br>21-03-24    | <b>SKILL</b><br>Resisted exercises of<br>lower limb<br>Dr. Wahida Khan                   | <b>PATHOLOGY (L)</b><br>Stomach<br>Dr. Beenish Bano                                   | <b>PHARMACOLOGY (L)</b><br>Treatment of Allergic Rhinitis<br>Dr. Vishakha Gupta  | <b>BIOMECHANICS (L)</b><br>Close chain Hip Jt. Function<br>Dr. Shallabh Singh      | <b>C</b>     | <b>EXERCISE THERAPY (P)</b><br>Gait training through<br>canes (I)<br>Dr. Tahzeeb Fatima | <b>ELECTROTHERAPY(L)</b><br>Fluido therapy<br>Dr. Arif Rizvi         |
| Friday<br>22-03-24   | <b>SKILL</b><br>Progressive resisted<br>exercises<br>Dr. Wahida Khan                     | <b>MICROBIOLOGY (L)</b><br>Rabies<br>Mr. Pushpendra                                   | <b>EXERCISE THERAPY (P)</b><br>Gait training through canes (II)<br>Dr. Tahzeeb Fatima  | <b>BIOMECHANICS (P)</b><br>Hip Jt. Forces in stance<br>Dr. Shallabh Singh          | <b>H</b>     | <b>ELECTROTHERAPY(P)</b><br>Demo. of Application of Hydro.collator<br>Dr. Arif Rizvi    |  |
| Saturday<br>23-03-24 | <b>PATHOLOGY (P)</b><br>Study of Peripheral blood smear<br>Mr. Alexander                 |   | <b>ELECTIVES</b>   |  | <b>LUNCH</b> |   |  |

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Ref.No.EIAH/Sc&R/EU/24/1601

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 20-05-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10  | 10-11   | 11-12  | 12-01   | 01-02 | 02-03  | 03-04   |
|----------------------|---|---|--|---|-------|--|---|
| Mon<br>20-05-24      | <b>HOLIDAY ELECTION</b>   |   |  |   |       |  |   |
| Tues<br>21-05-24     | EXERCISE THERAPY II (L)<br>Intro. of posture<br>Dr. Tahzeeb Fatima            | MICROBIOLOGY II (P)<br>Stool Examination<br>Dr. Sarah/Mr. Pushpendra/Ms. Shikha/Mr. Saurabh |  | PHARMACOLOGY II (L)<br>Assignment – Diabetes Mellitus<br>Dr. Afzal Noor                           | LUNCH | ELECTIVE-YOGA<br>Ms. Anjali Mishra<br>Venue – Physiology dept. 1 <sup>st</sup> floor, College building | EXERCISE THERAPY SKILL<br>Mobilization<br>Dr. Sumit Asthana |
| Wed<br>22-05-24      | EXERCISE THERAPY II (L)<br>Active & inactive posture<br>Dr. Tahzeeb Fatima    | PATHOLOGY II (L)<br>Oral Pathology: Ulcers, Carcinoma etc.<br>Dr. Beegish Bano              | ELECTROTHERAPY II (L)<br>Actino Therapy - IRR<br>Dr. Arif Rizvi    | BIOMECHANICS & ERGONOMICS (L)<br>IP Joints<br>Dr. Shallabh Singh                                  | LUNCH | PHARMACOLOGY<br>NSAIDS - MOA, Pharmacological action<br>Dr. Chaahat Jaiswal                            | OPD/CLINICAL EXPOSURE<br>Dr. Badri Vishal/Dr. Wahida Khan   |
| Thurs<br>23-05-24    | <b>HOLIDAY (BUDDH POORNIMA)</b>   |   |  |   |       |  |   |
| Friday<br>24-05-24   | EXERCISE THERAPY SKILL<br>Frenkel Exercise – Practical<br>Dr. Chaahat Jaiswal | MICROBIOLOGY II (L)<br>Chlamydia/Mycoplasma<br>Mr. Pushpendra                               | EXERCISE THERAPY II (P)<br>Postural training<br>Dr. Tahzeeb Fatima | BIOMECHANICS & ERGONOMICS (Skill Based Practical)<br>Function of the Arches<br>Dr. Shallabh Singh | LUNCH | ELECTROTHERAPY II (P)<br>Demo. of method of application of IRR therapy<br>Dr. Arif Rizvi               |   |
| Saturday<br>25-05-24 | PATHOLOGY II (P)<br><i>Collection of blood</i><br>Ms. Ima Khan                |   | ELECTIVES  |   | LUNCH |  |   |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH  
DEPARTMENT OF PHYSIOTHERAPY

Ref.No.EIAH/Sc&R/EU/24/1680

TIME TABLE – BPT 4<sup>th</sup> SEM  
VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 22-07-2024

| Days             | 9-10   | 10-11   | 11-12  | 12-01  | 01-02 | 02-03   | 03-04   |
|------------------|--|---|--|--|-------|---|---|
| Mon<br>22-07-24  | EXERCISE THERAPY II (L)<br>Diagonal pattern of movement - I<br>Dr. Tahzeeb Fatima  | MICROBIOLOGY II (L)<br>Rickettsia<br>Dr. Shiva                      | PATHOLOGY (L)<br>Iodine deficiency goiter,<br>Thyroiditis, myxedema<br>Tumors of Thyroid:<br>Adenoma, Carcinoma:<br>Papillary<br>Dr. Sudarsana Gogoi | OPD/WELLNESS/WARD<br>Dr. Badri Vishal/Dr. Kaenat/Dr.<br>Hema/Dr. Ahsan/Dr. Nida  | LUNCH | SKILL<br>Spondylitis, Spondylitis,<br>Spondylolysis,<br>Spondylolisthesis<br>Dr. Chaahat Jaiswal          | PRACTICE<br>Revision<br>Dr. Wahida Khan               |
| Tues<br>23-07-24 | EXERCISE THERAPY II (L)<br>Diagonal pattern of movement - II<br>Dr. Tahzeeb Fatima | MICROBIOLOGY II (P)<br>Revision<br>Dr. Priyanka/Dr. Sara/Dr. Rashmi |  | PATHOLOGY (L)<br>Inflammations & Infections<br>Meningitis & Brain Abscess<br>CMS Tumors, Neuroblastoma,<br>Meningioma, Skin Tumors -<br>Squamos cell carcinoma,<br>Melanoma<br>Dr. Sudarsana Gogoi | LUNCH | ELECTIVE-YOGA<br>Ms. Anjali Mishra<br>Venue - Physiology dept.<br>1 <sup>st</sup> floor, College building | EXERCISE THERAPY SKILL<br>Revision<br>Dr. Wahida Khan |

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## ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 22-04-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10  | 10-11  | 11-12   | 12-01   | 01-02        | 02-03   | 03-04  |
|----------------------|---|--|---|---|--------------|---|--|
| Mon<br>22-04-24      | <b>EXERCISE THERAPY II (L)</b><br>Balance training<br>Dr. Tahzeeb Fatima                  | <b>MICROBIOLOGY II (L)</b><br>Candida<br>Dr. Sana Siddiqui   | <b>ELECTROTHERAPY II (L)</b><br>Physiological & therapeutic effect of cryotherapy<br>Dr. Arif Rizvi | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Patellofemoral jt.<br>Dr. Shallabh Singh  | <b>LUNCH</b> | <b>SKILL</b><br>Stretching of lower limb muscles<br><b>Mr. Shrafat Ali Malik</b><br>Venue – Physio OPD, 5 <sup>th</sup> floor, Hospital | <b>SOFT SKILL</b><br>Mr. Kaunain Abidi                           |
| Tues<br>23-04-24     | <b>SKILL</b><br>Type of stretching<br>Dr. Wahida Khan                                     | <b>MICROBIOLOGY II (P)</b><br>Mycology<br>Dr. Priyanka/Dr. Sarah/Mr. Vikas/Mr. Tariq                   |   | <b>PHARMACOLOGY II (L)</b><br>SDL-SLE<br>Dr. Babra  | <b>LUNCH</b> | <b>ELECTIVE YOGA</b><br>Ms. Anjali Mishra<br>Venue – Physiology dept. 1 <sup>st</sup> floor, College building                           | <b>SKILL</b><br>Dr. Sumit Asthana                                |
| Wed<br>24-04-24      | <b>EXERCISE THERAPY II (L)</b><br>Buffer<br>class/test/presentation<br>Dr. Tahzeeb Fatima | <b>PATHOLOGY II (L)</b><br>Lymphadenitis - Nonspecific & granulomatous<br>Dr. Beenish Bano             | <b>ELECTROTHERAPY II (L)</b><br>Method of application of cryotherapy<br>Dr. Arif Rizvi              | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Motions of the patella<br>Dr. Shallabh Singh  | <b>LUNCH</b> | <b>SKILL</b><br>Radio Ulnar jt.<br>Dr. Chaahat  | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/Dr. Wahida Khan |
| Thurs<br>25-04-24    | <b>MICROBIOLOGY II (L)</b><br>Opportunistic Mycosis<br>Ms. Fiza                           | <b>PATHOLOGY II (L)</b><br>Causes of Lymph Node enlargements, Reactive Hyperplasia<br>Dr. Beenish Bano | <b>PHARMACOLOGY II (L)</b><br>SDL-Scleroderma<br>Dr. Afnal Noor                                     | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Patello femoral jt. Stress<br>Dr. Shallabh Singh                                      | <b>LUNCH</b> | <b>EXERCISE THERAPY II (P)</b><br>Bal. & coordination<br>Dr. Tahzeeb Fatima   | <b>ELECTROTHERAPY II (L)</b><br>IFT<br>Dr. Arif Rizvi            |
| Friday<br>26-04-24   | <b>SKILL</b><br>Planes & Axis<br>Dr. Chaahat  | <b>MICROBIOLOGY II (L)</b><br>Mycotoxin<br>Dr. Kulsum  | <b>EXERCISE THERAPY II (P)</b><br>Equilibrium & non-equilibrium test<br>Dr. Tahzeeb Fatima          | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Frontal plane patello femoral jt. Stability<br>Dr. Shallabh Singh | <b>LUNCH</b> | <b>ELECTROTHERAPY II (P)</b><br>Demo. of Method of Application of Electrotherapy Equipment's<br>Dr. Arif Rizvi                          |  |
| Saturday<br>27-04-24 | <b>PATHOLOGY II (P)</b><br>Internal Practical Exam<br>Mr. Abhishek                        |  | <b>ELECTIVES</b>  |   | <b>LUNCH</b> |   |  |

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**Dr. Sumit Asthana**  
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**Prof. S. Riaz Mehdi**  
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Faculty of Allied Health Sciences & R

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

W.E.F – 24-06-2024

| Days                 | 9-10   | 10-11  | 11-12   | 12-01  | 01-02 | 02-03   | 03-04  |
|----------------------|--|--|---|--|-------|---|--|
| Mon<br>24-06-24      | <b>EXERCISE THERAPY II (L)</b><br>Intro. of functional re-educational training<br>Dr. Tahzeeb Fatima | <b>MICROBIOLOGY II (L)</b>   | <b>ELECTROTHERAPY II (L)</b><br>Types of UV lamps<br>Dr. Arif Rizvi                           | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Forces at ankle jt.<br>Dr. Shallabh Singh                    | LUNCH | <b>SKILL</b><br>Techniques of stretching<br>Dr. Chaahat Jaiswal   | <b>PRACTICE</b><br>Starting & derived position<br>Dr. Wahida Khan              |
| Tues<br>25-06-24     | <b>SKILL PRE</b><br>Dr. Shabeeh Fatima   | <b>MICROBIOLOGY II (P)</b><br>Dr. Priyanka/Dr. Rashmi/Ms. Sonali/Ms. Farheen                         |   | <b>PHARMACOLOGY II (L)</b><br>Assignment - Arthritis<br>Dr. Babra  | LUNCH | <b>ELECTIVE-YOGA</b><br>Ms. Anjali Mishra<br>Venue - Physiology dept. 1 <sup>st</sup> floor, College building | <b>EXERCISE THERAPY SKILL</b><br>Lever system<br>Dr. Wahida Khan               |
| Wed<br>26-06-24      | <b>EXERCISE THERAPY II (L)</b><br>Functional re-education: supine & prone<br>Dr. Tahzeeb Fatima      | <b>PATHOLOGY II (L)</b><br>jaundice: Types, action-pathogenesis & diagnosis<br>Dr. Sudarsana Gogoi   | <b>ELECTROTHERAPY II (L)</b><br>Doses of UVR<br>Dr. Arif Rizvi                                | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Forces at TC jt.<br>Dr. Shallabh Singh                       | LUNCH | <b>PHARMACOLOGY</b><br>Myasthenia Gravis<br>Dr. Zia Abbas Naqvi   | <b>SKILL</b><br>Types of stretching<br>Dr. Shabeeh Fatima                      |
| Thurs<br>27-06-24    | <b>MICROBIOLOGY II (L)</b>   | <b>PATHOLOGY II (L)</b><br>Hepatitis: Acute & Chronic, neonatal liver disease<br>Dr. Sudarsana Gogoi | <b>PHARMACOLOGY II (L)</b><br>Assessment<br>All Tutors  | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Forces at ST jt.<br>Dr. Shallabh Singh                       | LUNCH | <b>EXERCISE THERAPY II (P)</b><br>Functional re-educational training-I<br>Dr. Tahzeeb Fatima                  | <b>ELECTROTHERAPY II (L)</b><br>Physiological effects of UVR<br>Dr. Arif Rizvi |
| Friday<br>28-06-24   | <b>EXERCISE THERAPY SKILL</b><br>Stretching for upper limb<br>Dr. Chaahat Jaiswal                    | <b>MICROBIOLOGY II (L)</b>   | <b>EXERCISE THERAPY II (P)</b><br>Functional re-educational training-II<br>Dr. Tahzeeb Fatima | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Ankle jt - Muscles<br>Dr. Shallabh Singh | LUNCH | <b>ELECTROTHERAPY II (P)</b><br>Indication & Contraindications, Demo. of UVR exposure<br>Dr. Arif Rizvi       |  |
| Saturday<br>29-06-24 | <b>PATHOLOGY II (P)</b><br>HB Estimation (Draping Method)<br>Ms. Iima Khan                           |  | <b>ELECTIVES</b>  |  | LUNCH | -   | -  |

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2. Ms. Asiya – Attendance Section 3<sup>rd</sup> floor, University building
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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1542

W.E.F – 25-03-2024

| Days                 | 9-10  | 10-11   | 11-12   | 12-01  | 01-02 | 02-03   | 03-04   |
|----------------------|---|---|---|--|-------|---|---|
| Mon<br>25-03-24      | <b>HOLIDAY (HOLY &amp; DULHENDI)</b>  |   |   |  |       |   |   |
| Tues<br>26-03-24     | <b>EXERCISE THERAPY II (L)</b><br>Hydrotherapy: Def, goals & indication<br>Dr. Tahzeeb Fatima                 | <b>MICROBIOLOGY II (P)</b><br>Virology Card tests<br>Dr. Sana/Dr. Pooja/Ms. Sarika/Ms. Saumya |   | <b>PHARMACOLOGY II (L)</b><br>Drugs for Peptic Ulcer Disease<br>Ms. Aastha Srivastava  | LUNCH | LIBRARY/SDL   | <b>SKILL</b><br>Dr. Sumit Asthana   |
| Wed<br>27-03-24      | <b>EXERCISE THERAPY II (L)</b><br>Properties of water, precautions & contra-indications<br>Dr. Tahzeeb Fatima | <b>PATHOLOGY II (L)</b><br>Pancreatitis & pancreatic tumors<br>Dr. Afreen                     | <b>ELECTROTHERAPY II (L)</b><br>Cryotherapy – Principle, Physiological & Therapeutic Effect<br>Dr. Arif Rizvi | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Articular congruence<br>Dr. Shallabh Singh   | LUNCH | <b>MICROBIOLOGY II (L)</b><br>Dengue<br>Dr. Fareya  | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/Dr. Chaahat/Dr. Wahida Khan  |
| Thurs<br>28-03-24    | <b>SKILL</b><br>Goniometry – shoulder ROM<br>Dr. Chhahat<br>Venue – Physio OPD 5 <sup>th</sup> floor, ELMC&H  | <b>PATHOLOGY II (L)</b><br>Jaundice: Types, action-pathogenesis & diagnosis<br>Dr. Apoorva    | <b>PHARMACOLOGY II (L)</b><br>Treatment of Constipation<br>Mrs. Simra Aziz                                    | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Trabecular systems<br>Dr. Shallabh Singh   | LUNCH | <b>EXERCISE THERAPY II (P)</b><br>Slides of Hydrotherapy pools & tank<br>Dr. Tahzeeb Fatima | <b>ELECTROTHERAPY II (L)</b><br>Cryotherapy – Method of Application, Indication, Contraindication<br>Dr. Arif Rizvi |
| Friday<br>29-03-24   | <b>SKILL</b><br>Goniometry – shoulder ROM<br>Dr. Chhahat<br>Venue – Physio OPD 5 <sup>th</sup> floor, ELMC&H  | <b>MICROBIOLOGY II (L)</b><br>HIV<br>Dr. Shiva Verma  | <b>EXERCISE THERAPY II (P)</b><br>Revision of crutch training<br>Dr. Tahzeeb Fatima                           | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Hip Jt. Forces & muscle function in stance<br>Dr. Shallabh Singh | LUNCH | <b>ELECTROTHERAPY II (P)</b><br>Demo. of Electrotherapy Equipments<br>Dr. Arif Rizvi        |   |
| Saturday<br>30-03-24 | <b>PATHOLOGY II (P)</b><br>Collection of blood<br>Ms. Ilma Almas  |   | ELECTIVES   |  | LUNCH |   |   |

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2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

Ref.No.EIAH/Sc&R/EU/24/1601

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

W.E.F – 27-05-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

| Days                 | 9-10   | 10-11   | 11-12  | 12-01  | 01-02 | 02-03   | 03-04  |
|----------------------|--|---|--|--|-------|---|--|
| Mon<br>27-05-24      | <b>PARENTS TEACHER MEETING</b>   |   |  |  |       |   |  |
| Tues<br>28-05-24     | <b>EXERCISE THERAPY II (L)</b><br>Pattern of posture<br>Dr. Tahzeeb Fatima               | <b>MICROBIOLOGY II (P)</b><br>Test<br>Dr. Priyanka/Dr. Rashmi/Ms. Sonali/Ms. Farheen                          |  | <b>PHARMACOLOGY II (L)</b><br>Assignment – Myasthenia gravis<br>Dr. Vishakha Gupta                           | LUNCH | <b>ELECTIVE-YOGA</b><br>Ms. Anjali Mishra<br>Venue – Physiology dept. 1 <sup>st</sup> floor, College building | <b>EXERCISE THERAPY SKILL.</b><br>Lever system<br>Dr. Chaahat Jaiswal                          |
| Wed<br>29-05-24      | <b>EXERCISE THERAPY II (L)</b><br>Re-education of posture<br>Dr. Tahzeeb Fatima          | <b>PATHOLOGY II (L)</b><br>Stomach: Gastritis & Ulcer<br>Lymphoma<br>Dr. Beenish Bano                         | <b>ELECTROTHERAPY II (L)</b><br>Actino Therapy - UVR<br>Dr. Arif Rizvi       | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>Arthrokinematics<br>Dr. Shalabh Singh                            | LUNCH | <b>PHARMACOLOGY</b><br>NSAIDS – Pharmacological action<br>Dr. Chaahat Jaiswal                                 | <b>SKILL</b><br>Revision<br>Dr. Hema Singh<br>Venue - Hospital building, 5 <sup>th</sup> floor |
| Thurs<br>30-05-24    | <b>MICROBIOLOGY II (L)</b><br>Ancylostoma<br>Dr. Neetu                                   | <b>PATHOLOGY II (L)</b><br>Pancreatitis & pancreatic tumors: I Exocrine, II) Endocrine<br>Dr. Sudarsana Gogoi | <b>PHARMACOLOGY II (L)</b><br>SDL - Osteoarthritis<br>Dr. Medha Mishra       | <b>BIOMECHANICS &amp; ERGONOMICS (L)</b><br>ST Jt. Structure<br>Dr. Shalabh Singh                            | LUNCH | <b>EXERCISE THERAPY II (P)</b><br>Postural training-I<br>Dr. Tahzeeb Fatima                                   | <b>ELECTROTHERAPY II (L)</b><br>Actino Therapy - Type of UVR lamp<br>Dr. Arif Rizvi            |
| Friday<br>31-05-24   | <b>EXERCISE THERAPY SKILL</b><br>Frenkel Exercise - Demonstration<br>Dr. Chaahat Jaiswal | <b>MICROBIOLOGY II (L)</b><br>Ascaris<br>Dr. Kulsum   | <b>EXERCISE THERAPY II (P)</b><br>Postural training-II<br>Dr. Tahzeeb Fatima | <b>BIOMECHANICS &amp; ERGONOMICS (Skill Based Practical)</b><br>Function of TC & ST Jt.<br>Dr. Shalabh Singh | LUNCH | <b>ELECTROTHERAPY II (P)</b><br>Demo. of Method of Application of UVR radiation<br>Dr. Arif Rizvi             |  |
| Saturday<br>01-06-24 | <b>PATHOLOGY II (P)</b><br>Preparation of blood smear<br>Ms. Ilma Khan                   |   | ELECTIVES  |  | LUNCH |   |  |

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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1582

W.E.F – 29-04-2024

| Days                 | 9-10  | 10-11   | 11-12  | 12-01   | 01-02 | 02-03  | 03-04   |
|----------------------|---|---|--|---|-------|--|---|
| Mon<br>29-04-24      | EXERCISE THERAPY II (L)<br>Causes for Incoordination<br>Dr. Tahzeeb Fatima    | MICROBIOLOGY II (L)<br>General Parasitology<br>Dr. Priyanka Shukla            | ELECTROTHERAPY II (L)<br>Infrared radiation<br>Dr. Arif Rizvi            | BIOMECHANICS & ERGONOMICS (L)<br>Patellofemoral jt. function<br>Dr. Shallabh Singh    | LUNCH | SKILL<br>IRR Application Method<br>Mr. Shrafat Ali Malik                 | SKILL<br>Dr. Poonam Pachauria   |
| Tues<br>30-04-24     | EXERCISE THERAPY II (L)<br>Test for Coordination<br>Dr. Tahzeeb Fatima        | MICROBIOLOGY II (P)<br>Hand Washing<br>Dr. Pooja/Ms. Fiza/Ms. Sapna/Mr. Rahul |  | PHARMACOLOGY II (L)<br>SDL- Postural hypotension<br>Dr. Vishakha Gupta                | LUNCH | LIBRARY/SDL  | SKILL<br>Dr. Sumit Asthana  |
| Wed<br>01-05-24      | EXERCISE THERAPY II (L)<br>Intro. of Frenkel's exercise<br>Dr. Tahzeeb Fatima | PATHOLOGY II (L)<br>Pneumonia, Bronchitis, Bronchiectasis<br>Dr. Beenish Bano | ELECTROTHERAPY II (L)<br>Types of IRR lamp<br>Dr. Arif Rizvi             | BIOMECHANICS & ERGONOMICS (P)<br>Internal Practical Exam<br>Dr. Shallabh Singh        | LUNCH | OPD/CLINICAL EXPOSURE<br>Dr. Badri Vishal/Dr. Wahida Khan                |   |
| Thurs<br>02-05-24    | MICROBIOLOGY II (L)<br>Amebiasis<br>Dr. Neetu                                 | PATHOLOGY II (L)<br>Asthma, Occupational lung disease<br>Dr. Beenish Bano     | PHARMACOLOGY II (L)<br>Drugs for Dementia<br>Dr. Vishakha Gupta          | BIOMECHANICS & ERGONOMICS (L)<br>Patellar mobility<br>Dr. Shallabh Singh              | LUNCH | EXERCISE THERAPY II (P)<br>Internal Practical Exam<br>Dr. Tahzeeb Fatima | ELECTROTHERAPY II (L)<br>IRR – Indication, Contraindication, Precaution & Dangerous<br>Dr. Arif Rizvi |
| Friday<br>03-05-24   | SKILL<br>Goniometry – Knee ROM<br>Dr. Chaahat Jainwal                         | MICROBIOLOGY II (L)<br>Malaria<br>Dr. Sarah Hassan                            | EXERCISE THERAPY II (P)<br>Internal Practical Exam<br>Dr. Tahzeeb Fatima | BIOMECHANICS & ERGONOMICS (Skill Based Practical)<br>PFJ stress<br>Dr. Shallabh Singh | LUNCH | ELECTROTHERAPY II (P)<br>Internal Practical Exam<br>Dr. Arif Rizvi       |   |
| Saturday<br>04-05-24 | PATHOLOGY II (P)<br>Collection of blood<br>Ms. Ilma Khan                      |   | ELECTIVES  |   | LUNCH |  |   |

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES &amp; RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 4<sup>th</sup> SEM

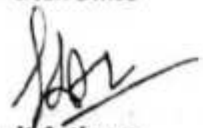
W.E.F – 04-03-2024

VENUE – R.N.- 529, 5<sup>th</sup> floor, E.U.

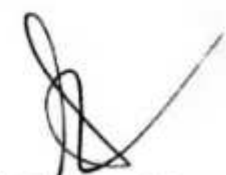
| Days                 | 9-10   | 10-11  | 11-12  | 12-01  | 01-02        | 02-03  | 03-04  |
|----------------------|--|--|--|--|--------------|--|--|
| Mon<br>04-03-24      | <b>EXERCISE THERAPY (L)</b><br>Intro. of Walking Aids<br>Dr. Tahzeeb Fatima  | <b>MICROBIOLOGY (L)</b><br>Herpes Virus-II<br>Dr. Kulsum   | <b>ELECTROTHERAPY (L)</b><br>Intro. to SHM<br>Dr. Arif Rizvi                     | <b>BIOMECHANICS (L)</b><br>Structural adaptation to weight bearing<br>Dr. Shallabh Singh | <b>L</b>     | <b>SKILL</b><br>Passive movements of upper limb<br>Mr. Shrafat Ali Malik   | <b>SOFT SKILL</b><br>Mr. Kaunain Abidi                           |
| Tues<br>05-03-24     | <b>EXERCISE THERAPY (L)</b><br>Crutches<br>Dr. Tahzeeb Fatima  | <b>MICROBIOLOGY (P)</b><br>AST methods/Report Interpretations<br>Dr. Shiva/Dr. Pragathy/Ms. Sonali/Mr. Ahmad Umair |  | <b>PHARMACOLOGY (L)</b><br>Drugs used in Arthritis diseases<br>Dr. Babra                 | <b>U</b>     | <b>LIBRARY</b>   | <b>SKILL/SDL/ASSIGNMENT</b><br>Dr. Badri Vishal                  |
| Wed<br>06-03-24      | <b>EXERCISE THERAPY (L)</b><br>Gait Pattern through crutches<br>Dr. Tahzeeb Fatima                                 | <b>PATHOLOGY (L)</b><br>Congenital Heart Disease<br>Dr. Afreen   | <b>ELECTROTHERAPY(L)</b><br>PWB-Intro, Principles, Composition<br>Dr. Arif Rizvi | <b>BIOMECHANICS (L)</b><br>Function of the Hip Jt.<br>Dr. Shallabh Singh                 | <b>N</b>     | <b>MICROBIOLOGY (L)</b><br>Adeno Virus<br>Ms. Fiza                         | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/Dr. Wahida Khan |
| Thurs<br>07-03-24    | <b>SKILL</b><br>Passive movements of lower limb<br>Dr. Wahida Khan   | <b>PATHOLOGY (L)</b><br>Endocarditis Rheumatic Heart Disease<br>Dr. Afreen   | <b>PHARMACOLOGY (L)</b><br>Drugs used in Gout<br>Dr. Babra                       | <b>BIOMECHANICS (L)</b><br>Motion of the pelvis on the femur<br>Dr. Shallabh Singh       | <b>C</b>     | <b>EXERCISE THERAPY (P)</b><br>Demo. of Walking Aids<br>Dr. Tahzeeb Fatima | <b>OPD/CLINICAL EXPOSURE</b><br>Dr. Badri Vishal/Dr. Wahida Khan |
| Friday<br>08-03-24   | <b>HOLIDAY (MAHASHIVRATRI)</b>   |  |  |  |              |  |  |
| Saturday<br>09-03-24 | <b>PATHOLOGY (P)</b><br>Estimation of Hemoglobin by Sahli's method & discussion of other methods used<br>Mrs. Neha |  | <b>ELECTIVES</b>   |  | <b>LUNCH</b> |  |  |

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